



## COACH ROLE

- ❖ Stay home if you are feeling unwell. Anyone displaying ANY illness symptoms MUST NOT attend
- ❖ Maximum of 10 participants & 2 coaches at each activity
- ❖ Remember to bring a non-medical mask with you to all activities in case it is needed
- ❖ Check that first aid kit is stocked and includes disposable gloves
- ❖ Confirm self-screen with each player PRIOR to starting
- ❖ Direct team members to your assigned area for practice
- ❖ Delegate role of Attendance Tracker and back-up for absences if you are not taking on the roll.
- ❖ Event Attendance check list sheets MUST be filled out for every gathering and kept for 30 days. The coach is ultimately responsible for these.
  - ❖ Remind participants to avoid touching of eyes/nose or mouth and no spitting.
  - ❖ Ensure area to be used has been sanitized and hand cleaning supplies are available for everyone to use before beginning, during & at the end of the activity
  - ❖ Any player/coach that uses washroom facilities MUST sanitize before re-joining the activity
- ❖ Maintain minimum of two metres distance between participants/coaches
- ❖ Sanitize the baseball often during activity
- ❖ Minimize the number of kids practicing together by having same partner if possible
- ❖ No dugout use permitted. No team huddles unless 2m distance adhered to
- ❖ All field prep equipment to be disinfected and cleaned after every use
- ❖ Be sure your area has been cleaned, sanitized, all garbage and refuse has been cleaned up before leaving the dugout area
- ❖ No post game meetings, leave the park promptly as soon as clean-up is complete



## PLAYER ROLE

- ❖ Stay home if you are feeling unwell. Anyone displaying ANY illness symptoms MUST NOT attend
- ❖ Make sure your personal equipment is clean and sanitized before going to the baseball event, and keep it together in your bag
- ❖ Remember to bring non-medical mask with you in case 2m can't be adhered to
- ❖ Set yourself up 2m away from others around fence. No dugout use.
- ❖ Have your own clearly marked water bottle and snack & leave at your area
- ❖ Arrive at the ballpark fully dressed for baseball activity
- ❖ Check in with the attendance tracker and screener
- ❖ Go right to your designated area and wait for direction from your coach.
- ❖ No spitting, gum, sunflower seeds, etc.
- ❖ No sharing of equipment (eg. Bats, gloves, hats, catcher gear)
- ❖ No sharing of water bottles or food of any kind
- ❖ Participants to avoid touching of eyes/nose or mouth and no spitting.
- ❖ Cough or sneeze into your sleeve
- ❖ No handshaking
- ❖ Any player that uses washroom facilities MUST sanitize before re-joining the activity
- ❖ Sanitize your hands frequently before, during & after the activity by washing at least 20 seconds with soap and water or using an approved hand sanitizer
- ❖ After the game or practice is over, leave the park promptly, no meetings or visiting



## PARENT/SPECTATOR ROLE

- ❖ Stay home if you are feeling unwell. Anyone displaying ANY illness symptoms MUST NOT attend.
- ❖ Only one parent per participant at any event
- ❖ Bring a chair, if possible avoid sitting in bleachers
- ❖ If there are other groups still on your team's designated space, wait at your vehicle or a safe distance away until the space has been vacated
- ❖ Check in on arrival with the attendance tracker and screener
- ❖ maintain proper physical distancing of 2m from other spectators/participants etc.
- ❖ No spitting, gum, sunflower seeds, etc.
- ❖ avoid touching of eyes/nose or mouth
- ❖ Cough or sneeze into your sleeve
- ❖ In the event of extreme weather which causes either a delay or postponement to the activity, return to your vehicle to wait for resumption of play, or to a sheltered area while maintaining minimum 2 metres from other households
- ❖ After the baseball event is over, leave the park promptly, no meetings or visiting