



## COACH ROLE

- ❖ Stay home if you are feeling unwell. Anyone displaying ANY illness symptoms MUST NOT attend
- ❖ Maximum of 10 participants & 2 coaches at each activity
- ❖ Remember to bring a non-medical mask with you to all activities in case it is needed
- ❖ Check that first aid kit is stocked and includes disposable gloves
- ❖ Confirm self-screen with each player PRIOR to starting
- ❖ Direct team members to your assigned area for practice
- ❖ Delegate role of Attendance Tracker and back-up for absences if you are not taking on the roll.
- ❖ Event Attendance check list sheets MUST be filled out for every gathering and emailed to [cmmbacovid@gmail.com](mailto:cmmbacovid@gmail.com) within 12 hours of event
  - ❖ Remind participants to avoid touching of eyes/nose or mouth and no spitting.
  - ❖ Ensure area to be used has been sanitized and hand cleaning supplies are available for everyone to use before beginning, during & at the end of the activity
  - ❖ Any player/coach that uses washroom facilities MUST sanitize before re-joining the activity
- ❖ Maintain minimum of two metres distance between participants/coaches
- ❖ Sanitize the baseball often during activity
- ❖ Minimize the number of kids practicing together by having same partner if possible
- ❖ No dugout use permitted. No team huddles unless 2m distance adhered to
- ❖ All field prep equipment to be disinfected and cleaned after every use
- ❖ Be sure your area has been cleaned, sanitized, all garbage and refuse has been cleaned up before leaving the dugout area
- ❖ No post event meetings, leave the park promptly as soon as clean-up is complete



EVENT ATTENDANCE CHECK LIST

DATE:	
EVENT START TIME:	EVENT END TIME:
FACILITY / FIELD:	
1 <sup>st</sup> COACH:	2 <sup>nd</sup> COACH:
PARENT HELPER (Sanitizer):	

TEAM ROSTER:

PLAYER'S NAME	IN ATTENDANCE	CONFIRMED SELF-SCREEN	DRIVER
1.	<input type="checkbox"/>	<input type="checkbox"/>	
2.	<input type="checkbox"/>	<input type="checkbox"/>	
3.	<input type="checkbox"/>	<input type="checkbox"/>	
4.	<input type="checkbox"/>	<input type="checkbox"/>	
5.	<input type="checkbox"/>	<input type="checkbox"/>	
6.	<input type="checkbox"/>	<input type="checkbox"/>	
7.	<input type="checkbox"/>	<input type="checkbox"/>	
8.	<input type="checkbox"/>	<input type="checkbox"/>	
9.	<input type="checkbox"/>	<input type="checkbox"/>	
10.	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

YES / NO Did all Players/Coaches sanitize hands upon arrival of event?

YES / NO Were all surfaces athletes are exposed to sanitized prior to and at all reasonable opportunities during the event?

YES / NO Were all the Field preparation tools sanitized prior to and after the event?

YES / NO Was a reminder regarding physical distancing provided to the participants at the start of the event and re-iterated throughout the event?

YES/NO Was the checklist emailed to [cmmbacovid@gmail.com](mailto:cmmbacovid@gmail.com) within 12 hours of event

Coach Signature	Comment
-----------------	---------



### 1. Self-Assessment:

- a. Team members must review the self-assessment illness check prior to their event and attest that they are not feeling any of the COVID 19 symptoms. Symptoms to check for are as follows:
  - Fever, or signs of a fever (such as chills)
  - Stuffy or runny nose
  - Cough or worsening of chronic cough
  - Sore throat, painful swallowing
  - Headache
  - Shortness of breath
  - Muscle aches
  - Fatigue
  - Loss of taste or sense of smell
  - Loss of appetite

If you have any of the above symptoms, you must not attend any CMMBA events or activity and notify your coach or team manager of your condition. An online self-assessment tool can be located <https://bc.thrive.health/covid19/en>.

- b. All Team members will be required to check their attendance upon arrival of their event and verbally verify that they have completed the self-assessment symptom screening check prior to the event. In addition, the name of the driver transporting the team member to the event must be documented for each event.

### 2. If a Team Member is feeling sick with COVID-19 symptoms:

- a. They must remain at home and should contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at their event, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Team member may participate in an event if they are symptomatic.

### 3. If a Team Member tests positive for COVID-19:

- a. The Team member will not be permitted to attend (play, coach, spectate) at any events until they are free of the COVID-19 virus.
- b. Any Team members who have been in close contact (during an event or away from the field of play) with the infected Team member will also be required to self-isolate for at least 14 days to ensure the infection does not spread further.
- c. The facility/field will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.



**4. If a Team Member has been tested and is waiting for the results of a COVID-19 Test:**

- a. As with the confirmed case, the Team member will not be permitted to attend any events.
- b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- c. Other Team members who may have been exposed will be informed and requested to refrain from attending any events for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- d. The facility/field will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

**5. If a Team member comes in close contact with someone who is confirmed to have COVID-19:**

- a. Close contact is defined as a person who otherwise had close prolonged contact (within 2 metres) with an infectious person; or had direct contact with infectious bodily fluids of the person (e.g. was coughed or sneezed on) while not wearing recommended personal protective equipment.
- b. Team Members must advise their coach, team manager, or division coordinator if they reasonably believe they have been exposed to COVID-19.
- c. Once the contact is confirmed, the Team member will be and requested to refrain from attending any events for at least 14 days or as otherwise directed by public health authorities. Other Team members who may have come into close contact with the Team member will also be requested to refrain from attending any events for at least 14 days or as otherwise directed.
- d. The facility/field will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

**6. Quarantine or Self-Isolate if:**

- a. Any Team member who has travelled outside of Canada or the province within the last 14 days is not permitted to participate in any events or visit any part of the facility/field and must quarantine and self-isolate.
- b. Any Team member with any symptoms of COVID-19 is not permitted to enter any part of the facility/field and must quarantine and self-isolate.
- c. Any Team member from a household with someone showing symptoms of COVID-19 is not permitted to participate in any events or visit any part of the facility/field and must quarantine and self-isolate.