



**Coquitlam Moody Minor Baseball Association (CMMBA) – FINAL  
Covid-19 Safety Plan - June 2020**

**General**

The CMMBA has provided this document along with specific policies, standards and protocols and supporting materials from from viaSport<sup>1</sup> and from Baseball BC<sup>2</sup> to ensure the health and safety of participants, volunteers and parents for any CMMBA event. The risks of any CMMBA event must be assessed based on the 5 principles as set out in the viaSport Return to Play Guidelines:

<b>Personal Hygiene</b>	<b>Stay Home if you are Sick</b>	<b>Environmental Hygiene</b>	<b>Safe Social Interactions</b>	<b>Physical Modifications</b>
<ul style="list-style-type: none"> <li>• Frequent handwashing</li> <li>• Cough into your sleeve</li> <li>• Wear a non-medical mask</li> <li>• No handshaking</li> </ul>	<ul style="list-style-type: none"> <li>• Routine daily screening</li> <li>• Anyone with any symptoms must stay away from others</li> <li>• Returning travelers must self-isolate</li> </ul>	<ul style="list-style-type: none"> <li>• More frequent cleaning</li> <li>• Enhance surface sanitation in high touch areas</li> <li>• Touch-less technology</li> </ul>	<ul style="list-style-type: none"> <li>• Meet with small numbers of people</li> <li>• Maintain distance you between people</li> <li>• Size of room: the bigger the better</li> <li>• Outdoor over indoor</li> </ul>	<ul style="list-style-type: none"> <li>• Spacing within rooms or in transit</li> <li>• Room design</li> <li>• Plexiglas barriers</li> <li>• Movement of people within spaces</li> </ul>

All event organizers, leaders, participants, volunteers and parents must ensure that they follow these guidelines, policies, standards and protocols as set out in this document and the supporting materials. Failure to follow the guidelines and standards as per this document will result in significant sanctions, up to and including expulsion from the association, for the individuals responsible.

This document and all related materials meet the requirements for return to play as set out by viaSport and Baseball BC. They are subject to change due to order of the Provincial Health Organization and other Provincial health and sports organizations. The table below shows the phases identified by Baseball BC for return to play and transition through the phases will be determined by the appropriate agencies as referenced above.

<sup>1</sup> viaSport return to play guidelines were used as a reference for the CMMBA return to play guidelines:  
<https://www.baseball.bc.ca/uploads/files/news/ReturntoSportGuidelines.pdf>

<sup>2</sup> Baseball BC return to play guidelines were used as a reference for the CMMBA return to play guidelines:  
<https://www.baseball.bc.ca/uploads/files/Baseball%20BC%20RTP%20Guidelines%20-%20FINAL.pdf>

<b>Baseball BC RTP Summary</b>				
	<b>Phase 1</b> (Prior to June 7)	<b>Phase 2</b> (June 7 to September)	<b>Phase 3</b> (TBA)	<b>Phase 4</b> (TBA)
<b>Restrictions</b>	No community programming	Maintain Social Distance (2M) No non-essential travel No group gatherings over 50 ppl	Refer to PHO & local health Authorities	Refer to PHO & local health Authorities
<b>Participants</b>	No community programming	Small groups only (10 athletes and 2 coaches) No or limited spectators  Moving to full team practices (TBA)	Group sizes may increase	Large groups allowed
<b>Equipment</b>	No community programming	No shared personal equipment Disinfect any team equipment before, during and after use	Minimal shared equipment Disinfect any shared equipment before, during and after use	Some shared equipment Enhanced cleaning protocols in place
<b>Activity / Competition</b>	No community programming	Small group training only to start Moving to full team practices (TBA) In club play or modified game play may slowly be introduced. (TBA)	Interclub or Regional game play may be considered. (TBA)	Provincial Competitions and larger scale events may return (TBA)

### **Baseball BC General Health and Personal Hygiene Guidelines**

The below personal health and hygiene guidelines are intended to be required for anyone involved in any CMMBA event including athletes, coaches, umpires, administrators, volunteers and spectators.

- Anyone displaying ANY illness symptoms MUST NOT attend
- Disinfectant wipe down of all surfaces athletes can be exposed before every event
- Reminder to all participants daily to avoid touching of eyes, nose or mouth
- No sharing of water bottles
- No sharing of food of any kind
- No spitting
- No chewing gum or sunflower seeds
- No sharing of any personal equipment or items
- Ride sharing to be discouraged whenever possible
- All participants encouraged to disinfect their equipment after each event
- All participants encouraged to wash all clothing and selves after each event

Additional information is provided in the Hygiene Policy – see Appendix L

### **viaSport Phase 2 for Sports in General**

At this time we have been advised that we are in Phase 2 of the return to play and any movement between phases will be determined by viaSport and the Provincial Health Office and announced by Baseball BC. As part of Phase 2, all participants, volunteers and parents must abide by the following for sporting events:

- 2m physical distance required between participants
  - No non-essential travel
  - No groups of more than 50 people
  - Increased hand hygiene–Symptom screening in place
- Preferred outdoor activity only  
Train in smaller groups  
No or limited spectators

- No contact-type activities
- In-club play only (no travel and no games between clubs)
- Minimal shared equipment – if shared need to disinfect before, during, and after

### **Baseball BC Phase 2 General Guidelines**

At this time we have been advised that we are in Phase 2 of the return to play and any movement between phases will be determined by viaSport and the Provincial Health Office and announced by Baseball BC. As part of Phase 2, all participants, volunteers and parents must abide by the following for baseball-specific events:

- Small group training and development sessions permitted
- Maximum of 10 athletes at an event
- Maximum of 2 coaches at an event
- Maximum of 1 parent per athlete at an event
- Verbal symptom screening must be performed at every session to ensure all participants are symptom free
- All government expectations and requirements to be met, including viaSport Phase 2 guidelines
- All Baseball BC Personal Health and Hygiene Recommended Guidelines to be reviewed and enforced as outlined above
- 2m physical distance required between participants
- Every event to include reminders to participants regarding 2m physical distancing and include no spitting, no face touching, no contact between the athletes
- Attendance must be taken and kept at every event for all people in attendance including parents (drivers). These records must be kept for 30 days before being destroyed
- No team huddles before, during or after the practice for coaching or teaching purposes unless 2m physical distancing requirements are adhered to
- All drills to be created and implemented ensuring 2m physical distancing requirements are adhered to
- No dugout use permitted. Athletes must be set up outside of the dugout with 2m physical distancing requirements adhered to.-No shared use of personal equipment
- Baseballs should be sanitized prior to every event and every effort given to limit the number of athletes using one ball in a practice environment
- Any team issue bats should be sanitized prior to every event and between every use by different athletes. No other team equipment should be shared
- No changing or dressing rooms permitted
- All field prep equipment to be disinfected and cleaned after every use
- Indoor practices are permitted so long as the facility is operating in accordance with Provincial, Regional, and Municipal COVID-19 regulations. Anyone practicing indoors must amend their COVID-19 safety plan to detail how they will continue to abide by all other requirements of Phase 2 when practicing indoors

### **Foundational Standards:**

- All requirements will be applied to all age categories and playing divisions
- Anyone displaying **ANY** illness symptoms **WILL NOT** be allowed to participate. There will be zero tolerance for players participating while sick
- Prior to arriving at the field, all participants must review and answer the questions for self-screening – see Appendix B: Screening
- Upon arrival at the facility, all participants must check in with their coach / team manager and confirm that they have completed the self-screening questions and are clear to play
- Anyone who has been in contact with anyone who is confirmed COVID must notify the coach and must not attend for 14 days

- Anyone who has been in contact with anyone who is sick or not feeling well should also consider not participating / attending
- Disinfectant wipe down of all surfaces athletes can be exposed to during a game or practice performed before every event
- No sharing of water bottles
- No sharing of food of any kind
- No spitting
- No chewing gum
- No sunflower seeds
- No sharing of personal helmets
- No sharing of catchers masks
- No sharing of any other personal equipment
- Sanitizer and wipes will be provided by the CMMBA at every scheduled event. Additional protective measures and equipment such as face masks may be worn by participants
- Players and Coaches must sanitize their hands at the start of every event and at all reasonable opportunities (eg during water break and between innings)
- All First Aid policies require reviewing and safeguards put in place for any required treatment including provision of PPE, social distancing and personal safety for responders
- All participants must disinfect their equipment after each event
- All uniforms or clothing must be washed after each event
- All participants must shower at the first opportunity after each event
- Any team member exhibiting symptoms will be asked to leave the field and will be placed in a side grass area. He / She will remain in safety distanced space, with someone from CMMBA with them until parent can pick up
- All players and participants must complete a Youth Participant Waiver (see Appendix D) prior to participation in any event or participation in any return to play
- All players must have a parent or guardian complete an Adult Participant Waiver (see Appendix E) prior to participation in any event or participation in any return to play
- Each player and their guardian must complete the Participation Agreement (Appendix A) in addition to the above waivers
- The team event documentation – see Appendix J - including attendance, waivers, confirmation of sanitizing of equipment blah blah...must be provided to the CMMBA within 12 hours of each event

#### **Facility Guidelines for All Diamonds:**

- Parking is permitted only where designated for each field
- Participants and spectators may enter and exit the field only as per the directions for the field and must ensure physical distancing at all times
- Start times for events will be at least 30 minutes after the end of the previous event, wherever possible
- Physical distancing of 2m (6 feet) must be maintained between each player
- A maximum of 10 athletes is permitted at an event
- A maximum of 1 parent / guardian per athlete is permitted at an event
- A maximum 2 coaches is permitted at an event
- Upon arrival at the facility and no more than 10 minutes in advance of the start time for the event, players move to playing areas. Players will wait in their vehicles if they arrive to the facility more than 10 minutes in advance
- Parents / guardians wishing to watch must stand or bring their own chair. They may place themselves in the outfield and remain a minimum of 6 feet from other spectators – they must maintain physical distancing. They may not watch the event from any location other than outside the outfield fence or similar location where an outfield fence is not present
- Bleachers and stands are closed and may not be used

- Dugouts are closed and may not be used
- Players are to store their equipment on fence lines along 1<sup>st</sup> and 3<sup>rd</sup> baselines
- Players are expected to come fully dressed and prepared to play – they may not use the change rooms
- Washrooms, where available, may be used and physical distancing standards must apply. If a player uses a public washroom during the event, they will be required to sanitize their hands prior to participating with the group again
- Public water fountains should be avoided, with the player bringing enough water for themselves for the duration of the event
- The City will provide any signage advising and educating on physical distancing measures
- Gathering around the park is not permitted and participants are not permitted to access the facility until the scheduled start time (please wait in your car). Participants must leave the park immediately after the event

**Facility Guidelines for Batting Cage:**

- Parking is permitted only where designated
- Start times for events will be at least 30 minutes after the end of the previous event, wherever possible
- Physical distancing of 2m (6 feet) must be maintained between each player unless mask is worn
- A maximum of 1 participant is permitted in the cage at a time
- A maximum of 1 person is permitted in the feeding area at a time
- Physical distancing standards are required for anyone outside the cage
- Parents / guardians must not attend at the cage and may stay in their vehicle or leave the park, with permission of the coach
- Players will store their equipment outside of the cage
- Washrooms, where available, may be used and physical distancing standards must apply. Any person must wash their hands as per the hygiene standards prior to returning to the field
- The City will provide any signage advising and educating on physical distancing measures
- Gathering around the park is not permitted and participants are not permitted to access the facility until the scheduled start time (please wait in your car). Participants must leave the park immediately after the event

**Facility Parking, Drop-Off & Pick-Up Areas, and Entry / Exit:**

The table below provides information on the parking, drop-off & pick-up for each facility as well as the entry / exit routes to the fields. See Appendix I for the facility maps with the parking locations and entry / exit routes identified. Only the facilities listed below are to be used for a CMMBA event, unless a risk assessment and similar protocols as per this document are approved by the CMMBA Board.

<b><u>Facility</u></b>	<b><u>Parking, Drop-Off &amp; Pickup</u></b>	<b><u>Entry</u></b>	<b><u>Exit</u></b>
Aspenwood East (AE)	Parking lot off Panorama Place above the community centre	Manage physical distancing	Manage physical distancing
Aspenwood West (AW)	Parking lot off Forest Parkway	Manage physical distancing	Manage physical distancing
Bramblewood East (BE)	Street parking on Bramble Lane	From parking area to the field – manage physical distancing	From the field to parking area – manage physical distancing
Bramblewood West (BW)	Lower parking lot off Panorama Drive	Follow the path between the parking lot and the field – manage physical distancing	Follow the path between the parking lot and the field – manage physical distancing

Coquitlam Town Centre grass field – Bantam (CTC2)	Lot across from the fire hall and closest to Pinetree	Walkway across the road and path to the field – manage physical distancing	Path and then walkway across the road to the parking lot – manage physical distancing
Coquitlam Town Centre turf fields – Mosquito and Peewee (CTC1)	Parking Lot E – top lot by the Mosquito Diamond (North-West Corner)	Stairs down from the parking lot to the field	Ramp up from the field to the parking lot
Eagle Mountain (EM)	Parking lot off Eagle Mountain Drive	Manage physical distancing	Manage physical distancing
Eagle Ridge Field (ER)	Street parking on Eagle Ridge Drive	Manage physical distancing	Manage physical distancing
Heritage Mountain (HM)	Parking lot off Panorama between Eagle Mountain Middle School and Heritage Mountain Secondary-	Manage physical distancing	Manage physical distancing
Inlet Park and Batting Cage (IF)	Parking lot off Murray Street	Manage physical distancing	Manage physical distancing
Panorama North (PN)	Parking lot off Johnson Street (beside the school as well as street parking on Johnson	Down the stairs to the field – manage physical distancing	Up the gravel road to Johnson Street – manage physical distancing
Panorama South (PS)	Street parking on Meadowvista Place	Walkway between the street to the field - manage physical distancing	Walkway between the street to the field - manage physical distancing
Ranch Park (RP)	Lot off Spuraway Avenue and street parking on Spuraway	Manage physical distancing	Manage physical distancing
Summit (S)	Parking lot off Parkway Boulevard	Manage physical distancing	Manage physical distancing

**Equipment:**

- All field prep equipment must be disinfected and cleaned after every use
- All players must have their own equipment – there will be no sharing of helmets, gloves etc
- All catchers must have their own gear – no sharing of any catcher equipment
- Players must bring their own labelled water bottles – no sharing
- Baseballs must be sanitized prior to every event and every effort given to limit the number of athletes using one ball at an event
- Any team issued bats must be sanitized prior to every event and between every use by different athletes – no other team equipment may be shared. Note that the CMBA may be able to issue each player a bat for the duration of the season in order to prevent sharing of such equipment

**Practice and Training Guidelines:**

- All Foundational and Facility requirements must be met as outlined above

- No team huddles are permitted before, during or after the event for coaching, teaching or any other purposes
- All drills must be created and implemented ensuring that physical distancing requirements are met
- Only group event is permitted at a facility at any one time (eg joint practices are not permitted)
- Dugout use is not permitted

**Games and Tournaments:**

- No games are permitted in phase 2
- No tournaments or travel is permitted in Phase 2

**Events:**

- **Prior to** any CMMBA event, the activities must be planned with assurance of all the policies, standards and protocols
- **Prior to** any CMMBA event all participants, volunteers and parents must complete the requirements of the Illness Policy – see Appendix K
- At the beginning of the event, the Event Roster Attendance Checklist (see Appendix J) is to be assigned to an individual for completion throughout the event
- **Within 12 hours of completion** of the event, the event leader (eg coach) is responsible for submitting the Event Roster Attendance Checklist (see Appendix K) to [cmbacovid@gmail.com](mailto:cmbacovid@gmail.com).
- Every event must include reminders to participants regarding physical distancing requirements and include no spitting, no face touching, no contact between the athletes
- Event participants, volunteers and parents are to be encouraged to practice good personal hygiene, including frequent handwashing, throughout the event
- Team and personal gear must be sanitized after every use. This includes gear for catchers and umpires
- All government expectations and requirements must be met as outlined in this document and the references
- All Baseball BC Personal Health and Hygiene Recommended Guidelines must be reviewed and enforced

## APPENDIX A – Participant Agreement

All Participants of **COQUITLAM MOODY MINOR BASEBALL ASSOCIATION** agree to abide by the following points when entering club facilities and/or participating in club activities under the COVID-19 Response plan and RTP Protocol:

- I agree to symptom screening checks, and will let my club know if I have experienced any of the symptoms in the last 14 days.
- I agree to stay home if feeling sick, and remain home for 14 days if experiencing COVID-19 symptoms.
- I agree to sanitize my hands upon entering and exiting the facility, with soap or sanitizer.
- I agree to sanitize the equipment I use throughout my practice with approved cleaning products provided by the club (shared and personal equipment).
- I agree to continue to follow social distancing protocols of staying at least 2m away from others.
- I agree to not share any equipment during practice times.
- I agree to abide by all of my Clubs COVID-19 Policies and Guidelines.
- I understand that if I do not abide by the aforementioned policies/guidelines, that I may be asked to leave the club for up to 14 days to help protect myself and others around me.
- I acknowledge that continued abuse of the policies and/or guidelines may result in suspension of my club membership temporarily.
- I acknowledge that there are risks associated with entering club facilities and/or participating in club activities, and that the measures taken by the club and participants, including those set out above and under the COVID-19 Response Plan and Return to Sport Protocols, will not entirely eliminate those risks.

Date: \_\_\_\_\_

Player Name: \_\_\_\_\_

Signature of Player: \_\_\_\_\_

Signature of Parent / Guardian: \_\_\_\_\_



## APPENDIX B – SCREENING

YOU MUST NOT ATTEND A CMMBA EVENT OR ACTIVITY IF YOU FEEL SICK

If you have 2 or more of the following symptoms, you must stay home.

- Fever or signs of a fever (such as chills)
- New cough or worsening of a chronic cough
- Sore throat
- Headache
- Runny Nose
- New onset of fatigue
- New onset of muscle pain
- Diarrhea
- Lost of taste or smell.

Verbal symptom screening must be performed at prior to arrival at every session to ensure all participants are symptom free. Coaches (or designate) will get verbal verification upon arrival.

**Appendix D: YOUTH PARTICIPANT WAIVER:**

## PARTICIPANT AGREEMENT

All Participants of CMMBA agree to abide by the following points when entering club facilities and/or participating in club activities under the COVID-19 Response plan and RTP Protocol:

- I agree to symptom screening checks, and will let my club know if I have experienced any of the symptoms in the last 14 days.
- I agree to stay home if feeling sick, and remain home for 14 days if experiencing COVID-19 symptoms.
- I agree to sanitize my hands upon entering and exiting the facility, with soap or sanitizer.
- I agree to sanitize the equipment I use throughout my practice with approved cleaning products provided by the club (shared and personal equipment).
- I agree to continue to follow social distancing protocols of staying at least 2m away from others.
- I agree to not share any equipment during practice times.
- I agree to abide by all of my Clubs COVID-19 Policies and Guidelines.
- I understand that if I do not abide by the aforementioned policies/guidelines, that I may be asked to leave the club for up to 14 days to help protect myself and others around me.
- I acknowledge that continued abuse of the policies and/or guidelines may result in suspension of my club membership temporarily.
- I acknowledge that there are risks associated with entering club facilities and/or participating in club activities, and that the measures taken by the club and participants, including those set out above and under the COVID-19 Response Plan and Return to Sport Protocols, will not entirely eliminate those risks.

Date:

Signature:

Adult Participant's Name \_\_\_\_\_

**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND  
INDEMNITY AGREEMENT**

BY EXECUTING THIS YOU WILL WAIVE CERTAIN LEGAL RIGHTS,  
INCLUDING THE RIGHT TO SUE

***This is a binding legal agreement; Therefore, READ CAREFULLY and  
clarify any questions or concerns before signing.***

1. BC Minor Baseball Association (the "**Association**") and its directors, officers, agents, representatives, employees, volunteers, members, participants, spectators, leagues, clubs, independent contractors, subcontractors, sponsors, successors and assigns (collectively the "**Releasees**") **ARE NOT RESPONSIBLE** for any injury, property damage, death, expense, loss of income, damage or loss of any kind suffered by the Participant during, or as a result of, the Baseball Programs and the risks relating to the Baseball Programs.
2. In this Agreement the term "**Baseball Programs**" shall include all activities, programs, events, classes, and services provided, sponsored or organized by the Association including but not limited to: games, tournaments, practices, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs.

***I acknowledge that I have read and agree to be bound by paragraphs 1 – 2.***

\_\_\_\_\_  
Initial

**ASSUMPTIONS OF RISK**

3. I am aware that my participation in **Baseball Programs** involves many risks, dangers and hazards, which could result in damage, loss, serious physical injury or death. I am aware of these risks, dangers and hazards. Some of these risks, dangers and hazards include, but are not limited to:
  - a. Health: overexertion, dehydration, fatigue, lack of fitness or conditioning, traumatic injury, bacterial

infections, rashes, **and the transmission of communicable diseases, including viruses of all kinds, bacteria, parasites or other organisms or any mutation thereof.**

- b. Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises.
- c. Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the **Releasees** to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within their own ability.
- d. Contact: I acknowledge that contact with baseballs, other equipment, or other persons, whether intentional or unintentional, is a common part of **Baseball Programs**, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
- e. Advice: negligent advice regarding **Baseball Programs**.
- f. My conduct and conduct of other persons including any physical altercation between baseball participants: I acknowledge that such conduct, including my negligence and negligence of other persons, including NEGLIGENCE ON THE PART OF THE **RELEASEES**, may increase the risk of damage, loss, personal injury or death. I understand that the **Releasees** may fail to safeguard or protect me from the risks, dangers and hazards of **Baseball Programs**, some of which are referred to above.

*I acknowledge that I have read and agree to be bound by paragraph 3.*

\_\_\_\_\_  
Initial

## RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of the **Releasees** allowing me to participate in **Baseball Programs**, use its equipment and facilities and providing its baseball services and consultation, I hereby agree as follows:

1. **TO WAIVE ANY AND ALL CLAIMS** that I have or may in the future have against THE **RELEASEES** AND TO RELEASE THE **RELEASEES** from any and all liability for any loss, damage, expense or injury including death that I may suffer or that my next-of-kin may suffer as a result of my participation in Baseball Programs DUE TO ANY CAUSE WHATSOEVER, including but not limited to:
  - a. negligence on the part of the **Releasees**;
  - b. breach of contract by the **Releasees**;
  - c. breach of warranty on the part of the **Releasees** in respect of the design, manufacture, selection, installation, maintenance or adjustment of equipment;
  - d. breach of any statutory or other duty of care including any duty of care owed under the *Occupiers Liability Act*, R.S.B.C. 1996, c. 303, on the part of the **Releasees**; and
  - e. the failure on the part of the **Releasees** to safeguard or protect me from the risks, dangers and hazards of **Baseball Programs**, some of which are referred to in the Assumption of Risks section of this Agreement.

*I acknowledge that I have read and agree to be bound by paragraph 1.*

\_\_\_\_\_  
Initial

2. TO HOLD HARMLESS AND INDEMNIFY THE **RELEASEES** from any and all liability for any damage, loss, expense or injury resulting from my participation in **Baseball Programs** DUE TO ANY CAUSE WHATSOEVER, including but not limited to negligence on the part of the **Releasees**; breach of contract by the **Releasees**; breach of warranty on the part of the **Releasees** in respect of the design, manufacture, selection, installation, maintenance or adjustment of equipment; breach of any statutory duty or other duty of care including any duty of care owed under the *Occupiers liability Act*, R.S.B.C. 1996, c. 303, on the part of the **Releasees**; and the failure on the part of the **Releasees** to safeguard or protect me from the risks, dangers and hazards of **Baseball Programs**, some of which are referred to in the Assumption of Risks section of this Agreement.
3. TO HOLD HARMLESS AND INDEMNIFY THE **RELEASEES** from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in **Baseball Programs**.
4. Despite the risks, dangers and hazards of **Baseball Programs**, and fully understanding such risks, dangers and hazards, I wish to participate in **Baseball Programs** with the Association, and I FREELY ACCEPT AND FULLY ASSUME all such risks, dangers and hazards and the possibility of personal injury, death, property damage and loss resulting therefrom.
5. This Agreement shall be effective and binding upon my heirs, next-of-kin, executors, administrators, assigns and representatives, in the event of my death or incapacity.

*I acknowledge that I have read and agree to be bound by paragraphs 2 – 5.*

\_\_\_\_\_  
Initial

6. **SAFETY:** In entering into this Agreement I am not relying on any oral, visual or written representations or statements made by the **Releasees** with respect to the safety of Baseball Programs other than what is set forth in this Agreement.
7. **INSURANCE:** I am aware that the Association carries insurance and that should I become injured or cause personal injury or property damage to any third party while participating in **Baseball Programs**, I may or may not be entitled to insurance coverage depending on the terms and conditions of the Association's insurance policy.
8. **JURISDICTION:** This Agreement and any rights, duties and obligations as between the parties to this Agreement shall be governed by and interpreted solely in accordance with the laws of the Province of British Columbia (BC), and I agree to attorn solely to the jurisdiction of the Courts of the Province of BC. Any litigation involving the parties to this Agreement shall be brought solely within the Province of BC and shall be within the exclusive jurisdiction of the Courts of the Province of BC.

*I acknowledge that I have read and agree to be bound by paragraphs 6 – 8.*

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Initial

**By executing this form, whether on-line or by signature, you agree that you have read, understand, and are bound by the Agreement terms.**

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Print Full Name

Signature

Date (Month/Day/Year)

**Appendix F: Definitions**

- Physical Distancing – 2 m or 6 feet apart from each
- Participant – anyone participating in a CMMBA event
- Volunteer – a person who offers to freely take part in a task
- Parent / Guardian – a person who is legally responsible for a child

## **Appendix G: Outbreak Plan**

### **Outbreak Plan**

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. Identify the roles and responsibilities of staff or volunteers if a case or outbreak is reported. Determine who within the organization has the authority to modify, restrict, postpone or cancel activities.
2. If staff (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, implement enhanced cleaning measures to reduce risk of transmission. If you are not the facility operator, notify the facility right away.
3. Implement your illness policy and advise individuals to:
  - self-isolate
  - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
  - use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed. o Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
4. In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
5. If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.

For more information and resources on cleaning and disinfecting:

<https://www.bcminorbaseball.org/page/show/5788253-bcmba-covid-19-resources>



## Appendix H: First Aid Plan

### **First Aid**

In the event that first aid is required to be administered during an activity, all persons attending to the injured individual ***must first put on a mask and gloves.***

Guidelines for First Aid Attendants can be found on the BC Minor Baseball COVID-19 Resources page.

<https://www.bcminorbaseball.org/page/show/5788253-bcmba-covid-19-resources>

## Appendix I: Facility Maps

See attached PDF for a map of each facility including the parking locations and routes to access /exit the fields.

Appendix J: Event Attendance Checklist

EVENT ATTENDANCE CHECK LIST

DATE:	
EVENT START TIME:	EVENT END TIME:
FACILITY / FIELD:	
1 <sup>st</sup> COACH:	2 <sup>nd</sup> COACH:
PARENT HELPER (Sanitizer):	

TEAM ROSTER:

PLAYER'S NAME	IN ATTENDANCE	CONFIRMED SELF-SCREEN	DRIVER
1.	<input type="checkbox"/>	<input type="checkbox"/>	
2.	<input type="checkbox"/>	<input type="checkbox"/>	
3.	<input type="checkbox"/>	<input type="checkbox"/>	
4.	<input type="checkbox"/>	<input type="checkbox"/>	
5.	<input type="checkbox"/>	<input type="checkbox"/>	
6.	<input type="checkbox"/>	<input type="checkbox"/>	
7.	<input type="checkbox"/>	<input type="checkbox"/>	
8.	<input type="checkbox"/>	<input type="checkbox"/>	
9.	<input type="checkbox"/>	<input type="checkbox"/>	
10.	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

- YES / NO Did all Players/Coaches sanitize hands upon arrival of event?
- YES / NO Were all surfaces athletes are exposed to sanitized prior to and at all reasonable opportunities during the event?
- YES / NO Were all the Field preparation tools sanitized prior to and after the event?
- YES / NO Was a reminder regarding physical distancing provided to the participants at the start of the event and re-iterated throughout the event?
- YES/NO Was the checklist emailed to [cmmbacovid@gmail.com](mailto:cmmbacovid@gmail.com) within 12 hours of event

Coach Signature	Comments
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**APPENDIX K - ILLNESS POLICY**  
(Adapted from BC Minor Baseball Association)

1. Definitions used in this policy:

- a. "Team member" includes a participant, coach, volunteer, or parent/spectator.
- b. "Event" will include all activities such as meetings, practices, games etc.

2. Team members must inform an individual in a position of authority (coach, team manager, division coordinator etc.) immediately, if you feel any symptoms of COVID-19 as listed below in Self-Assessment.

3. **Self-Assessment:**

- a. Team members must review the self-assessment illness check prior to their event and attest that they are not feeling any of the COVID 19 symptoms. Symptoms to check for are as follows:
  - Fever, or signs of a fever (such as chills)
  - Stuffy or runny nose
  - Cough or worsening of chronic cough
  - Sore throat, painful swallowing
  - Headache
  - Shortness of breath
  - Muscle aches
  - Fatigue
  - Loss of taste or sense of smell
  - Loss of appetite

If you have any of the above symptoms, you must not attend any CMMBA events or activity and notify your coach or team manager of your condition. An online self-assessment tool can be located <https://bc.thrive.health/covid19/en>.

- b. All Team members will be required to check their attendance upon arrival of their event and verbally verify that they have completed the self-assessment symptom screening check prior to the event. In addition, the name of the driver transporting the team member to the event must be documented for each event.

4. **If a Team Member is feeling sick with COVID-19 symptoms:**

- a. They must remain at home and should contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at their event, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Team member may participate in an event if they are symptomatic.

**5. If a Team Member tests positive for COVID-19:**

- a. The Team member will not be permitted to attend (play, coach, spectate) at any events until they are free of the COVID-19 virus.
- b. Any Team members who have been in close contact (during an event or away from the field of play) with the infected Team member will also be required to self-isolate for at least 14 days to ensure the infection does not spread further.
- c. The facility/field will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

**6. If a Team Member has been tested and is waiting for the results of a COVID-19 Test:**

- a. As with the confirmed case, the Team member will not be permitted to attend any events.
- b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- c. Other Team members who may have been exposed will be informed and requested to refrain from attending any events for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- d. The facility/field will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

**7. If a Team member comes in close contact with someone who is confirmed to have COVID-19:**

- a. Close contact is defined as a person who otherwise had close prolonged contact (within 2 metres) with an infectious person; or had direct contact with infectious bodily fluids of the person (e.g. was coughed or sneezed on) while not wearing recommended personal protective equipment.
- b. Team Members must advise their coach, team manager, or division coordinator if they reasonably believe they have been exposed to COVID-19.
- c. Once the contact is confirmed, the Team member will be and requested to refrain from attending any events for at least 14 days or as otherwise directed by public health authorities. Other Team members who may have come into close contact with the Team member will also be requested to refrain from attending any events for at least 14 days or as otherwise directed.
- d. The facility/field will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

**8. Quarantine or Self-Isolate if:**

- a. Any Team member who has travelled outside of Canada or the province within the last 14 days is not permitted to participate in any events or visit any part of the facility/field and must quarantine and self-isolate.
- b. Any Team member with any symptoms of COVID-19 is not permitted to enter any part of the facility/field and must quarantine and self-isolate.
- c. Any Team member from a household with someone showing symptoms of COVID-19 is not permitted to participate in any events or visit any part of the facility/field and must quarantine and self-isolate.

**APPENDIX L – GENERAL HEALTH AND PERSONAL HYGIENE GUIDELINES**  
(As Adopted from BC Minor Baseball Association)

Please note the Personal Health and Hygiene Guidelines below are intended to be required for anyone involved CMMBA activities which includes, but is not limited to athletes, coaches, umpires, administrators, volunteers and parents/spectators.

- Anyone displaying ANY illness symptoms MUST NOT attend.
- Disinfectant wipe down of all surfaces athletes can be exposed to before every event.
- Reminder to all participants daily to avoid touching of eyes, nose, or mouth
- No sharing of water bottles.
- No sharing of food of any kind.
- No spitting.
- No chewing gum or sunflower seeds.
- No sharing of any personal equipment or items
- Ride sharing to be discouraged whenever possible.
- All participants encouraged to disinfect their equipment after each event.
- All participants encouraged to wash all clothing and selves after each event.

NOTE: BC Minor Baseball and our association, CMMBA are currently under the viaSport's Phase 2 "Return to Play" guidelines. Phase 2 in the viaSport Guidelines is referred to as "Transition Measures – Approx. May to September." for all sports. This phase applies to Baseball and informs the baseball specific measures in the "Baseball BC Phase 2 – Return to Play". Important to note about this viaSport Phase 2 is the following (viaSport Phase 1 was a shutdown of all sports):

- 2m physical distance required between participants
- No non-essential travel
- No groups of more than 50 people
- Increased hand hygiene
- Symptom screening in place
- Preferred outdoor activity only
- Train in smaller groups
- No or limited spectators
- No contact-type activities
- In-club play only (no travel and no games between clubs)
- Minimal shared equipment – if shared need to disinfect before, during, and after

See the viaSport Guidelines (<https://www.viasport.ca/sites/default/files/ReturntoSportGuidelines.pdf>) for all the requirements of this phase. This will be updated when we are permitted to transition to via Sport's phase 3.

**APPENDIX M – Work safe BC Cleaning & disinfecting**

<https://www.worksafebc.com/en/resources/health-safety/information-sheets/covid-19-health-safety-cleaning-disinfecting?lang=en>